

# BROOKWOOD SCHOOL

## AFTER SCHOOL CLASSES: WINTER 2018

Welcome to Brookwood's Winter 2018 After-School Classes! Our courses, led by a dynamic and creative teaching staff, provide students with the opportunity to discover new interests, develop specialized skills, and have fun.

Please sign-up online using the new Reports Server: <https://reports.brookwood.edu> by **Monday, January 1**. Your successful enrollment in the class will appear on your child's schedule as listed in the Reports Server. There is always a chance that a class may not run if we do not have enough students enrolled. Email communication will occur if a class needs to be cancelled due to low enrollment. Also, some classes fill up very quickly. For that reason, registration is on a first-come, first-served basis.

**Families are billed through Brookwood accounts for classes and are responsible for full payment once the class begins.**

Contact Justin Zappia at [jzappia@brookwood.edu](mailto:jzappia@brookwood.edu) with any questions.

---

# MONDAYS

## MIXED MEDIA INDOOR HERB GARDEN

**GRADES 1-3; GRADES 4-6 (Instructor: Makers Workshop Instructor)**

The weather is getting colder outside, so it is time to bring the vegetable garden indoors! Students will have the chance to work through a range of mediums as they create their very own indoor herb garden. Each week, students will complete a component of their garden using a different medium to create a finished masterpiece that can be taken home and enjoyed. Mediums include ceramics, fused glass, metal, and more.

*\*This class needs a minimum of 10 children to run.*

Grades 1-3: Mondays 3:00-4:00 p.m. (Wildrick Art Room)

Grades 4-6: Mondays 4:00-5:00 p.m. (Wildrick Art Room)

**7 Sessions: January 8, 22, 29, February 5, 12, 26, March 5.**

**Cost: \$200**

## CHESS

**GRADES 1-3 (Instructor: Mikhail Perelshteyn)**

Checkmate! Set up your own winning position. Whether you are the next Bobby Fischer poised to challenge other grandmasters, or you don't know your castle from your pawn, this class is for you. Senior chess master Mikhail Perelshteyn will guide all Lower School chess enthusiasts on the intricacies of chess, develop their logic, and teach them how to build a game-winning strategy. Come enjoy the competition and camaraderie of chess!

*\*This class needs a minimum of 6 children to run.*

Grades 1-3: Mondays 3:00-4:00 p.m. (Science Gym)

**4 Sessions: January 8, 22, 29, February 5.**

**Cost: \$80**

## JUMP ROPE

**GRADES 1-3 (Instructor: Ariella Bennett)**

Jumping rope is a favorite activity for many children and even adults! Jumping rope provides such great fitness to everyone and an excellent cardiovascular workout. This is some fantastic fun that you all need to join in! You will feel free while learning to

jump rope different ways! Join me in jumping rope and engaging in some fun fantastic exercise. DO FITNESS, FEEL FREE, AND HAVE FUN because IT'S FANTASTIC!

*\*This class needs a minimum of 6 children to run.*

Grades 1-3: Mondays 3:00-4:00 p.m. (DWC)

**7 Sessions: January 8, 22, 29, February 5, 12, 26, March 5.**

**Cost: \$130**

## **MARITIME WOOD CARVING**

**GRADES 4-6 (Instructor: Dr. Henry Oettinger)**

Something magical happens when you combine a pair of hands and a piece of wood. In the sailing heyday, a seemingly ordinary piece of white pine might be transformed into a magical figurehead to be attached to the prow of a sailing vessel. Or the magic might have come from the carving of name boards, trail boards or stern boards for ships. The wooden transformations may also result in shop signs or decorations meant for the home. It's all in the hands and skill of the wood carver and can be explored in this fun summer camp! Science teacher Dr. O is going "old school" and will introduce students to wood carving, including design, layout, rough cutting, and carving of decorative wood pieces. If time permits we may integrate 3D printing into the prototype phase of your student's project.

*\*This class needs a minimum of 5 children to run.*

Grades 4-6: Mondays 4:00-5:00 p.m. (Boat Room in MS)

**7 Sessions: January 8, 22, 29, February 5, 12, 26, March 5.**

**Cost: \$165**

---

# **TUESDAYS**

## **EXPERT ARCHITECTS**

**GRADES 1-3; GRADES 4-5 (Right Brain Curriculum)**

The sky's the limit in Expert Architects! In this math, writing, and presentation class, our students find out on the first day of class that they are the heads of the city's newest architectural firm. They are commissioned with building the tallest building in a nearby city and must plan their design. Students learn a kid-friendly history of skyscrapers and create a blueprint of their own stylized tall building. They then must

weigh other considerations including environmental effects, traffic, and surrounding buildings using Google Earth to find the perfect location for their project. Once their blueprint is finished, our expert architects create a three-dimensional model of the structure and deliver a presentation to their "clients" highlighting all aspects of their creation.

See a full curriculum preview: [rightbraincurriculum.com/expertarchitects](http://rightbraincurriculum.com/expertarchitects)

***\*Each class below needs a minimum of 6 children to run.***

Grades 1-3: Tuesdays 3:00-4:30 (Science Gym)

Grades 4-5: Tuesdays 4:30-6:00 (Science Gym)

**6 Sessions: January 9, 16, 23, February 6, 13, 20.**

**Cost: \$150**

## CHILDREN'S THEATRE

**GRADES 1-3 (Instructor: Stephanie Charlton)**

This class will explore the use of the body, mind and voice to create theatre and tell our stories, both as individuals and as a community. Classes will focus on skill-building, improvisation exercises, subtext work, and character physicality. We will learn what it means to work together and use our skills to create a story, culminating in a final performance workshop for family and friends!

***\*This class needs a minimum of 6 children to run.***

Grades 1-3: Tuesdays 3:00-4:00 p.m. (DWC)

**8 Sessions: January 2, 9, 16, 23, February 6, 13, 20, March 6.**

**Cost: \$145**

## WINTER WONDERLAND

**GRADES 1-3 (Instructor: Marleen Wood)**

Do you want to build a snowman?! Step into Brookwood's Frozen Winter Wonderland in this popular after-school winter class run by Marleen Wood. Ever try your hand at creating frozen fractal ice sculptures or snow bubbles? Jack Frost never had such fun ice painting and creating snowball clay! From ice and water experiments to fun craft activities and frosty-inspired games like snowman ping pong and blizzard relay, we will celebrate the magic of winter!

***\*This class needs a minimum of 5 children to run.***

Grades 1-3: Tuesdays 3:00-4:00 p.m. (Stewart Art Room)

**8 Sessions: January 2, 9, 16, 23, February 6, 13, 20, March 6.**

**Cost: \$185**

---

# WEDNESDAYS

## SUPERHEROES

**GRADES 1-3 (Instructor: Marci Johnson)**

Calling all superheroes! Are you interested in learning to leap tall buildings in a single bound? Come save the day and practice your superhero powers as we explore the worlds of Wonder Woman, Superman, Spiderman, Supergirl, Batman, and so many more. Villains beware! Capes encouraged.

*\*This class needs a minimum of 5 children to run and has a maximum enrollment of 12.*

Grades 1-3: Wednesdays 3:00-4:00 p.m. (Shlopak)

**9 Sessions: January 3, 10, 17, 24, 31, February 7, 14, 21, 28.**

**Cost: \$210**

## MARTIAL ARTS

**GRADES 1-3; GRADES 4-6 (Instructor: Victoria DeMarco)**

Begin your first steps on the path of the Peaceful Warrior. Students gain strength, agility, coordination, balance, flexibility, and confidence as they progress through the Tang Soo Do belt ranking system with Master Victoria DeMarco from Safe Harbor North, Family Martial Arts (and more) in Beverly. This class is for students interested in achieving an advanced level or just trying the discipline of Martial Arts. No prior experience necessary! Uniforms can be purchased through Safe Harbor. Belt tests are scheduled through Safe Harbor for additional fees.

*\*Each class below needs a minimum of 5 children to run.*

Grades 1-3: Wednesdays 3:00-4:00 p.m. (DWC)

Grades 4-6: Wednesdays 4:00-5:00 p.m. (DWC)

**9 Sessions: January 3, 10, 17, 24, 31, February 7, 14, 21, 28.**

**Cost: \$165**

## HIP HOP WEDNESDAYS

**GRADES 1-3 (Instructor: Ariella Bennett)**

Participants in this class will focus on learning different hip hop dance styles such as Breaking, Popping, Whacking, and the choreography to go along with those moves! We will learn the importance of stretching before we dance, some easy and cool dance moves, as well as a full hip hop routine. It will be a fun and energetic hip hop class with opportunities to express yourself through dance! Come join!

*\*This class needs a minimum of 5 children to run.*

Grades 1-3: Wednesdays 3:00-4:00 p.m. (Science Gym)

**9 Sessions: January 3, 10, 17, 24, 31, February 7, 14, 21, 28.**

**Cost: \$165**

---

## THURSDAYS

### BALLET

**GRADES 1-3 (Instructor: Leza Milham from Creative Arts Dance Studio)**

Leza Milham of Creative Arts Dance Conservatory will lead the children to pursue their dance goals in a non-competitive atmosphere. Leza's dance class is a welcoming environment that encourages effort and creativity in order to bring out the best in students. The ballet program will explore the technique of ballet as well as introducing the child to choreography and creative dance.

*\*This class needs a minimum of 5 children to run.*

Grades 1-3: Thursdays 3:00-4:00 p.m. (DWC)

**8 Sessions: January 4, 11, 18, 25, February 1, 8, 15, March 1.**

**Cost: \$145**

### JAZZ DANCE COMBO

**GRADES 4-6 (Instructor: Alana Comeau from Creative Arts Dance Studio)**

In this class, dancers will learn many aspects of the style of jazz dance. We will cover basics as well as proper dance technique so each dancer can increase their personal potential. We will spend a couple weeks exploring Jazz Funk (a blend of jazz and hip hop) as well as Lyrical Jazz (a blend of ballet and jazz). The class will also delve into Improvisation so each dancer can release their inner artist. This class will accommodate mixed levels from the beginning student all the way to the advanced dancer and students are encouraged to work at their own pace and level. Please wear dancewear or comfortable clothing suited for exercise. No jeans please.

*\*This class needs a minimum of 5 children to run.*

Grades 4-6: Thursdays 4:00-5:00 p.m. (DWC)

**9 Sessions: January 4, 11, 18, 25, February 1, 8, 15, 22, March 1.**

**Cost: \$165**

## **AMERICAN GIRL**

**GRADES 1-3 (Instructor: Marci Johnson)**

This class will be filled with dances, gymnastics, storytelling, tea parties, arts, crafts and games—all centered around different U.S. historical eras. Each week will bring to life a story based on an American Girl Doll—for example we will visit New Orleans of 1853 with Marie Grace and Cecile; write an article in 1934 with Kit Kittredge; make a doll-size patchwork quilt with pioneer Kirsten in 1854; learn to hula with Kanani; build a tepee with Kaya; and so much more! Bring your favorite American Girl Doll and get ready for some fun! (Boys ARE welcome, too!)

*\*This class needs a minimum of 5 children to run and has a maximum enrollment of 12.*

Grades 1-3: Thursdays 3:00-4:00 p.m. (Shlopak)

**9 Sessions: January 4, 11, 18, 25, February 1, 8, 15, 22, March 1.**

**Cost: \$210**

## **LET'S BUILD IT - READY, SET, ROLL!**

**GRADES 1-3; GRADES 4-6 (Instructor: Lindsey Cohen)**

See the laws of motion at work in this thrilling, hands-on course. Both new and returning participants are welcome. Students will construct machines, like the Heavyweight Hammer and the Spin-o-Matic, and then combine them to create exciting chain reactions! Each week, the chain reactions will become more complex with the introduction of new machines. The projects will afford students the opportunity to delve into concepts such as force, gravity, velocity, types of energy, and balance. At the end of the session, students will be challenged to create the Ultimate Chain Reaction by working cooperatively to see how many machines they can incorporate. No previous experience is necessary, just a desire to learn and build. Each participant will receive an award on the last day of the session, and have the opportunity to earn Energy Belts by demonstrating their learned skills!

*\*Each class below needs a minimum of 8 children to run.*

Grades 1-3: Thursdays 3:00-4:00 p.m. (Science Gym)

Grades 4-6: Thursdays 4:00-5:00 p.m. (Science Gym)

**8 Sessions: January 11, 18, 25, February 1, 8, 15, 22, March 1.**

**Cost: \$185**

## **MAC TENNIS**

**GRADES 2-5 (Instructor: Dave Colby)**

Game, set, match! Jump on the Brookwood activity bus and head to the Manchester Athletic Club (MAC). The MAC's Junior Development Program gives students the opportunity to enhance their love for the lifetime sport of tennis. With classes offered in a variety of age brackets, the MAC will be sure to get your child into the right class to improve his or her skills. Whether you're a member of the MAC or not, your child will join the MAC's existing instructional tennis classes. Class is one hour in length. The buses leave Brookwood at 4:10 p.m. Parent pick-up is at the MAC at 5:30 p.m. A snack will be provided. Please contact Dave Colby for specific questions about the tennis program at [dcolby@mactennis.com](mailto:dcolby@mactennis.com).

*\*This class needs a minimum of 6 children to run.*

Grades 2-5: Thursdays 4:00-5:30 p.m. (MAC) \*Participants must bring a racquet.

**9 Sessions: January 4, 11, 18, 25, February 1, 8, 15, 22, March 1.**

**Cost: \$250 includes transportation to the MAC and a snack (REACH from 3-4:00 p.m. billed separately); \$40 one-time uniform fee.**

---

## **FRIDAYS**

### **MULTISPORT**

**GRADES 2-6 (Instructor: Monika Carbochova)**

Do you like to move, run, play, and have fun? Do you like team sports? If so, this active class is for you! Monika Carbochova shares her love of sports with students in Grades 3-6. Participants will enjoy sports such as soccer, handball, kickball, floor hockey, pin soccer, wiffle ball, and more. Come hone your skills and play team sports with this experienced coach.

*\*This class needs a minimum of 10 children to run.*

Grades 2-6: Fridays 3:00-4:00 p.m. (Cutler Gym and Outside)

**9 Sessions: January 5, 12, 19, 26, February 2, 9, 16, 23, March 2.**

**Cost: \$165**

## YOGA KIDS

### **GRADES 2-5 (Instructor: Marleen Wood)**

Fun, flexibility, and focus. This class will be taught by our ever-popular after-school instructor Marleen Wood. Students will be introduced to yoga through both poses and basic stretching exercises tied to strength, flexibility, coordination, and body awareness. By attending to deep breathing, chanting, and visualization, students will focus and relax as well as release energy. Exercises will develop concentration, self-affirmation, friendship, and respect. Students will go home with techniques to use in the future when they confront anxiety, as well as small mementos they will make during the course. Namaste!

*\*This class needs a minimum of 5 children to run.*

Grades 2-5: Fridays 3:00-4:00 p.m. (DWC)

**9 Sessions: January 5, 12, 19, 26, February 2, 9, 16, 23, March 2.**

**Cost: \$170**